

Ruth Mott

#Coaching Executives & Leaders to Make Successful High-Stake Decisions#

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Summary

Are you an executive, consultant or individual who is thinking about hiring a coach? Then you are ready for one. Is this you?

#I'm feeling very frustrated because my team and I are not communicating.

#My organization is changing and I want more control over my next steps.

#I am advancing to a more senior position.

#I received some feedback that really shook me up!

#I am overwhelmed at work, and worried that sooner or later I will "miss something."

Any of these situations means you're at a professional crossroads and need to assess the risks for making high-stakes decisions. Helping you find the clarity and courage to make those decisions – and how to act on them – is what I do.

For 18 years I have successfully coached executives, consultants, and individuals – from Fortune 500 companies to technology start-ups – to make the high-stakes decisions necessary for their success.

Whatever business goals you are pursuing, I can help you attain them quickly and effectively. Plus, you will enjoy yourself on the journey. Our time together will help you connect with what you love about your work and your life.

#Set up a Free One-Hour Consultation#

We'll discuss your problems, issues and obstacles and create real, workable steps you can use to overcome them and accomplish your goals with the least amount of stress possible.

Call or send me an email with your phone number and I will call you. It won't cost you anything and I promise you will receive a valuable idea or two. Send me a message (ruth@mottcoaching.com) or give me a call at (888) 530-7718 and we can talk it over.

Specialties

#Strategic Thinking: Incisively answering the question, "What do I do if...?"

#Leadership Agility: Inspiring others to follow you

#Alliance Building: Identifying and building the right alliances

#Communicate & Connect: Getting positive results from effective communication

#Crafting Presentations: Developing and delivering powerful, memorable presentations

Experience

Executive Coach at Mott Coaching

1992 - Present (19 years)

As an executive coach and consultant I have worked with a very broad range of businesses – from electronics to colleges to global corporations. Typical projects included working with companies to align their teams to support their business objectives, make better hiring decisions, increase individual productivity, and inspire and implement action and change.

Here is a 'snapshot' of clients and the scope of coaching we engaged in together.

Vice President, Global Insurance Company

* Develop strategies for effective communication within and among divisions

Senior Advisor, Health Trust in the UK

* Clarify goals and design approach for achieving recognition for successful operations in multiple hospitals

CEO, Engineering Firm

* Clarify priorities and develop approach to balancing several opportunities simultaneously

Chief GI Surgeon, Large East Coast Teaching Hospital

* Develop effective working team and create more stable communication patterns

Marketing Specialist, Global Manufacturing Company

* Help create dynamic resumé and interviewing stories to best demonstrate experience for next level position

5 recommendations available upon request

Manager/Producer at Public Television

1986 - 1990 (4 years)

In public television I became an expert at designing and delivering clear, concise, compelling messages, and teaching others how to do the same.

While director I also held the positions of assistant to the general manager and director.

Director at Healthcare Studies Unit for the Tri-State Regional Medical Program

1969 - 1973 (4 years)

As director, I helped state agencies, hospitals, clinics, and other health delivery systems across three states improve their services and become more effective, and available to their various constituencies.

I was Elected Chairman of the Massachusetts Health Planning Data Committee. This thirty-member committee consisting of twenty major health and welfare agencies in Massachusetts asked, and trusted me to lead them through the development and eventual passage of new healthcare legislation which ultimately affected every resident of the State.

Before becoming a director, I worked in healthcare planning and consulting.

Honors and Awards

Cambridge Who's Who 2010

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5 people have recommended Ruth

"Ruth is an outstanding professional coach. Her breadth of experience in the coaching field is exemplary. I hired Ruth prior to our organisational expansion and her ability to recognise and respond to the pressure that business growth can create was first class. She was always accessible for both the conduct of 121 sessions and the document reviews and was a great asset during this difficult time. I still use Ruth regularly and would actively encourage you to do so also."

— **Jane Ansell**, was Ruth's client

"I highly recommend Ruth as a career coach. She has assisted me through important projects, promotions, and job changes. Each time, Ruth has carefully listened to what I wanted to accomplish, understood my challenges, then guided me by providing clarity and direction to maximize my performance. I will continue to call upon Ruth whenever I need that extra push."

— **Alesia Jackson**, was Ruth's client

"If you are looking for the best coach possible, your search stops with Ruth. With her help you can expect to become more effective, confident and successful in any areas wish to improve... and maybe even some areas you didn't even know you wanted to work on."

— **Jason Wall**, was Ruth's client

"If you are ready to make changes in your career and your life, Ruth is the coach for you. She will keep you focused on the outcome YOU want and doesn't pull any punches. Ruth tells it like it is and can help you get where you want to go!"

— **Lynne Donnelly, CST, EFTCert-II**, was Ruth's client

"More than a coach, Ruth is one of the most valued members of my executive team. More than a member of my team, Ruth brings real world, real time experience to the table from her efforts with each of the businesses and charities she touches on a weekly basis. It is hard to place a value on this combination; it is one of our key strategic competitive advantages. I will not make an important decision, I will not go to a critical meeting without first polling Ruth for her thoughts."

— **Matthew Lampros**, was Ruth's client

[Contact Ruth on LinkedIn](#)